Herfstcriterium 2026: Session: 5: COACH evaluation sheet for TEAM: IKZ

Coachinfo: Warming up from: 09:00 untill 09:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Banckaert Yinthe

Coaches: Debouck Emiel

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 27: 100M FREESTYLE MEN 13+ Heat:4, starttime: 10:05

Heat: 4/17 Lane : 2 Athlete: HAJDARPASIC OMER **Q-time: 01:10:11**

PB (25m pool): 01:10.11 Zwembad De Treffer 06/04/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:32.69		01:10.11	
		00:32.69		*00:37.42*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 28: 200M MEDLEY WOMEN 13+ Heat:1, starttime: 10:30

Heat: 1/10 Lane : 2 Athlete: DECOUTTERE EMMA **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** 03:22.77 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 29: 100M BACKSTROKE MEN 11-12 Heat:3, starttime: 11:10

Heat: 3/8 Lane : 3 Athlete: CARDINAEL MILAN **Q-time: 01:37:57**

PB (25m pool): 01:37.57 Brugge 04/10/2026 **PB (50m pool):** 01:52.37 **SB:** 01:37.57 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:47.43		01:37.57	
		00:47.43		*00:50.14*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 5: COACH evaluation sheet for TEAM: IKZ

Event number: 31: 50M BACKSTROKE MEN 13+ **Heat:3, starttime: 12:05**

Heat: 3/13 Lane : 2 Athlete: VANBRABANT ESBEN **Q-time: 00:41:36**

PB (25m pool): **00:42.97** **WAREGEM 21/04/2025** **PB (50m pool):** 00:41.36 **SB:** no time

	25 M	50 M	
PB		00:42.97	
	00:42.97		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 31: 50M BACKSTROKE MEN 13+ **Heat:3, starttime: 12:05**

Heat: 3/13 Lane : 4 Athlete: HAJDARPASIC OMER **Q-time: 00:39:17**

PB (25m pool): **no time** **PB (50m pool):** 00:39.17 **SB:** no time

	25 M	50 M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback: